

Clackamas Community College
Online Course/Outline Submission System

Section #1 General Course Information**Department:**Health/PE and Athletics**Submitter**

First Name: Tracy
Last Name: Nelson
Phone: 3274
Email: tracyn

Course Prefix and Number:HE - 207**# Credits:**3**Contact hours**

Lecture (# of hours):
Lec/lab (# of hours): 33
Lab (# of hours):
Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title:Introduction to Plant Based Living**Course Description:**

The course is designed to give students a basic understanding of a plant based diet/lifestyle and the benefits of this type of lifestyle. Students will learn about the physical benefits of a plant based diet, GMO's, organic foods, current environmental impacts, impacts of the big agricultural companies as well as the research that has been documented to support the information.

Type of Course:Lower Division Collegiate**Reason for the new course:**

We currently do not offer a course of this nature and with the recent interest in plant based diet and living, we have heard that students are wanting to learn more about this subject.

Is this class challengeable?**No**

Can this course be repeated for credit in a degree?

No

Is general education certification being sought at this time?

No

Does this course map to any general education outcome(s)?

No

Is this course part of an AAS or related certificate of completion?

No

Are there prerequisites to this course?

No

Are there corequisites to this course?

No

Are there any requirements or recommendations for students taken this course?

Yes

Recommendations:WR-090 or higher

Requirements:None

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

Yes

Have you talked with a librarian regarding that impact?

No

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

Yes

Area:Physical Education/Health

GRADING METHOD:

A-F or Pass/No Pass

Audit:Yes

When do you plan to offer this course?

✓ Not every term

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

No

Will this course appear in the college catalog?

Yes

Will this course appear in the schedule?

Yes

Student Learning Outcomes:

Upon successful completion of this course, students should be able to:

1. describe what plant based living is and the benefits,
2. demonstrate their understanding of plant based living through various assignments and projects,
3. analyze information to make informed decisions to the students own personal lifestyle.

This course does not include assessable General Education outcomes.

Major Topic Outline:

1. What is plant based living?
2. Organic Farming.
3. The Big Agricultural Companies.
4. What are GMO's?
5. Current environmental issues.
6. What can you eat on a plant based diet?
7. Getting calcium through plant based sources.
8. Current farming practices and our water supply.
9. What is RAW?

Does the content of this class relate to job skills in any of the following areas:

- | | |
|--------------------------------|-----------|
| 1. Increased energy efficiency | No |
| 2. Produce renewable energy | No |

- 3. Prevent environmental degradation **No**
- 4. Clean up natural environment **No**
- 5. Supports green services **No**

Percent of course:0%

Section #2 Course Transferability

Concern over students taking many courses that do not have a high transfer value has led to increasing attention to the transferability of LDC courses. The state currently requires us to certify that at least one OUS school will accept a new LDC course in transfer. Faculty should communicate with colleagues at one or more OUS schools to ascertain how the course will transfer by answering these questions.

1. Is there an equivalent lower division course at the University?
2. Will a department accept the course for its major or minor requirements?
3. Will the course be accepted as part of the University's distribution requirements?

If a course transfers as an elective only, it may still be accepted or approved as an LDC course, depending on the nature of the course, though it will likely not be eligible for Gen Ed status.

Which OUS schools will the course transfer to? (Check all that apply)

PSU (Portland State University)

OSU (Oregon State University)

Identify comparable course(s) at OUS school(s)

General Health courses

How does it transfer? (Check all that apply)

general elective

:

First term to be offered:

Next available term after approval

:
